

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Smile Room Dental Clinic Monday the 13th * Saturday 11th Summer Vendors Market from 10:00 to 4:00 PM Retro Car Show From 1:00 to 4:00 PM Walmart: Monday the 6th (9 AM) Sunny Day Picnic Celebration (Prairie Creek Park): Monday 13th (3:00 pm) Fresh Air Plaza Walk Monday the 20th (9:00 AM) Morning Mass: Tuesday 7th and 21st from 9:45 to 10:20			Daily Leisure Activities (BR) 1 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Flags & Leaves: A Canada Day Craft (TH) 1:15 - 3:00 PM Fun & Games Registration (BR) 3:00 - 4:30 PM Play & Celebrate Canada! (BR) 3:00 - 5:00 PM Canada Day	Bible Study: 1 Corinthians 13, Love (TD) 2 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:00- 1:45 PM Red & White Celebration with Camila (CY) 2:00 - 3:00 PM World Cup Game (BR) 3:00 - 5:00 PM	Book Club (BC) 3 9:15 - 10:15 AM Shibashi (FC) 10:30- 11:15 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM World Cup Game (BR) 2:00 - 4:00 PM Cup Game Challenge (BR) 3:30 - 4:30 PM	Dominoes (BR) 4 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Fun (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 5:00 PM
TV Exercise (FC) 5 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Toss & Score Game (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	Daily Leisure Activities (BR) 6 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:15 - 3:00 PM Sweet Taste of Canada (CK) 3:00 - 4:30 PM World Cup Game (BR) 3:00 - 5:00 PM	Flip 7 (BR) 7 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM World Cup Game (BR) 12:00 - 2:00 PM Book Club (BC) 1:30 - 2:15 PM Stick by Number (BR) 2:30 - 3:00 PM Ashley Oaks Summer Games 2026 (BR/CY) 3:00 - 5:00 PM World Cup Game (BR) 4:00 - 6:00 PM	Infection Control (RR) 8 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Tiny LEGO Time (TH) 1:15 - 3:00 PM Friends & Games Happy Hour (CY) 3:00 - 5:00 PM	Strong as an Oak (FC) 9 9:15- 10:15 AM Canada Day Luxury Bingo (CY) 10:30- 11:15AM Virtual Adventures (RR) 1:30- 2:30 PM Ashley Oaks Summer Games 2026 (BR/CY) 3:00 - 5:00 PM Quarterfinals World Cup Game (BR) 4:00 - 6:00 PM	Book Club (BC) 10 9:30 - 10:15 AM Yoga (FC) 10:30- 11:15 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM Daily Leisure Activities (OB) 2:30 - 3:15 PM Close - Knit Circle (KN) 3:30 - 4:30 PM Quarterfinals World Cup Game (BR) 3:00 - 5:00 PM	Rummy (BR) 11 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Retro Car show 1:00 - 4:00 PM Board Game Fun (BR) 3:00 - 4:00 PM Quarterfinals World Cup Game (BR) 5:00 - 7:00 PM
TV Exercise (FC) 12 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Seated Volleyball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	Garden Friends Club (TH) 13 9:30 - 10:15 AM Guess the Word (BR) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:15 - 2:45 PM Daily Leisure Activities (BR) 3:00 - 5:00 PM	Flip 7 (BR) 14 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (CY) Stick by Number (RR) 2:30 - 3:00 PM Semifinals World Cup Game (BR) 3:00 - 5:00 PM	Daily Leisure Activities (OB) 15 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15 AM Express Yourself Crafts (TH) 1:15 - 3:00 PM Semifinals World Cup Game (BR) 3:00 - 5:00 PM	Oral Health Education Session (RR) 16 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Ashley Oaks Summer Games 2026 (BR/CY) 3:00 - 5:00 PM	Book Club (BC) 17 9:30 - 10:15 AM Tai Chi (FC) 10:30- 11:15 AM Luxury Bingo (CY) 1:30 - 2:15 PM Garden Friends Club (TH) 2:30 - 3:15 PM Close - Knit Circle (KN) 3:30 - 4:30 PM	Mahjong (BR) 18 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Fun (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:00 PM
TV Exercise (FC) 19 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Seated Basketball Fun (FC) 1:15 - 2:30 PM Final World Cup Game (BR) 3:00 - 5:00 PM	Daily Leisure Activities (OB) 20 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM Let's Get Poutine-ing! (CK) 3:00 - 4:30 PM	Mighty Oaks Cardio (FC) 21 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (CY) Stick by Number (RR) 2:30 - 3:00 PM Ashley Oaks Summer Games 2026 (BR/GP) 3:00 - 5:00 PM	Maintain your brain (RR) 22 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15 AM Heart Collage of Friendship (TH) 1:15- 3:00 PM Ashley Oaks Summer Games 2026 (BR/CY) 3:00 - 5:00 PM	Cup Game Challenge (BR) 23 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:15 PM Raise a Glass to Friendship Hour with Bryan and Mary Ann (BR) 3:00-5:00 PM	Book Club (BC) 24 9:30 - 10:15 AM Yoga (FC) 10:30- 11:15 AM Oak Tunes: Let's Sing Together (RR) 1:30 - 2:30 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM Close - Knit Circle (KN) 3:30 - 4:30 PM	Dominoes (BR) 25 9:15 - 10:00 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Bingo Fun (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:00 PM
TV Exercise (FC) 26 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (RR) 10:15 - 11:15 AM Seated Volleyball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	Daily Leisure Activities (RR) 27 9:30 - 10:30 AM Guess the Word (BR) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM August Activities Calendar Presentation (RR) 3:30 - 4:30 PM	Flip 7 (BR) 28 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (CY) Stick by Number (OB) 2:30 - 3:00 PM Hip Hip Hooray for July Birthdays! (CY) 3:00 - 5:00 PM	Living Convenience (RR) 29 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15 AM Crazy Bingo (RR) 1:45 - 2:30 PM Resident Townhall (RR) 2:30- 3:00 PM Games and Music 3:00 - 5:00 PM	Daily Leisure Activities (RR) 30 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15AM Beach Bingo Bash (RR) 2:00- 2:30 PM Puzzle Fun (CK) Billiards, UNO (BR) 3:00-5:00 PM	Book Club (BC) 31 9:30 AM - 10:15 PM Shibashi (FC) 10:30- 11:15 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM Daily Leisure Activities (RR) 2:30 - 3:15 PM Close - Knit Circle (KN) 3:30 - 4:30 PM	